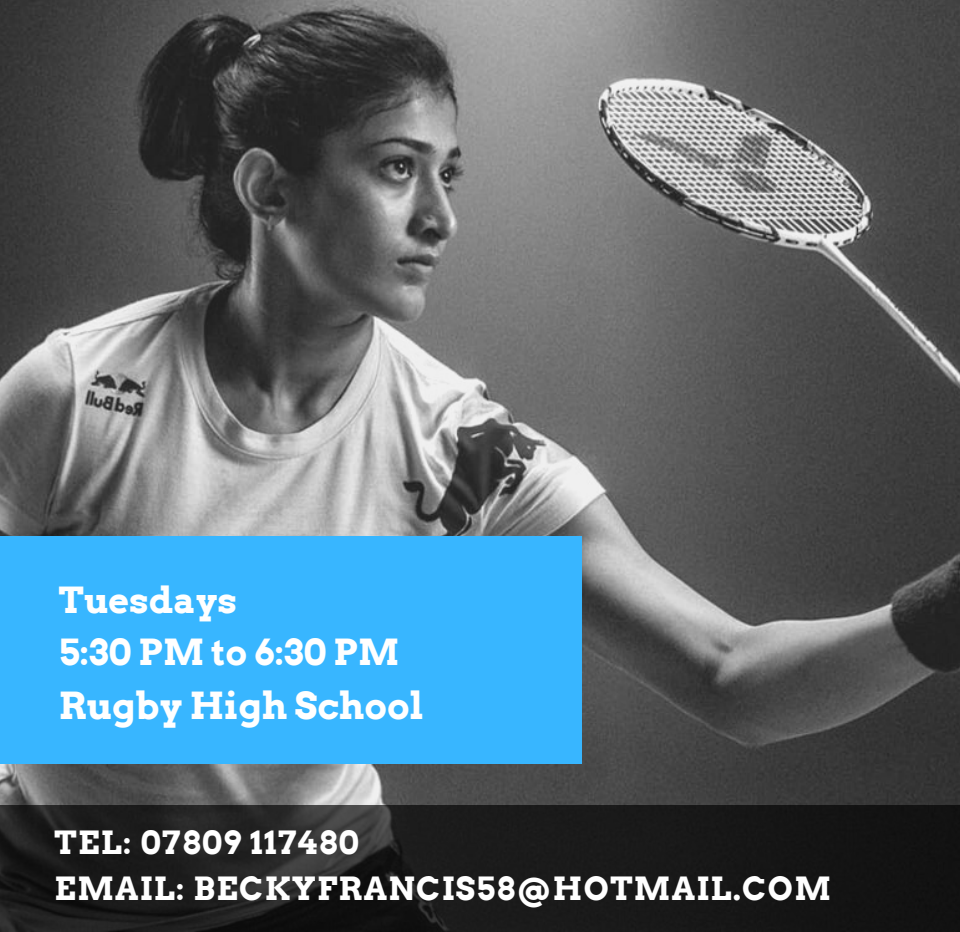


UNLOCK YOUR POTENTIAL

# FRANCIS BADMINTON ACADEMY

DEVELOPING CHILDREN AGED 8 TO 16



**Tuesdays**

**5:30 PM to 6:30 PM**

**Rugby High School**

**TEL: 07809 117480**

**EMAIL: BECKYFRANCIS58@HOTMAIL.COM**

## WHAT WE DO

Our sessions aim to provide children aged between 8 and 16 with personalised coaching and the opportunity to place competitive fun games.

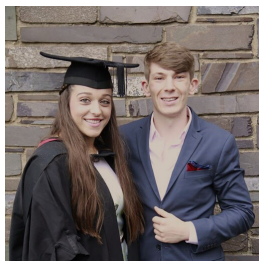
## WHAT WILL YOU NEED

Sports clothing and indoor trainers are required. Nets and shuttles are provided. If you have a badminton racket please bring it along. For those who do not own a racket we do have a selection of rackets that can be borrowed each week free of charge, especially short handled ones for the younger players.

## WHAT DOES IT COST

Our first season runs from September through to May. Fees are currently £35 per academy term.

# OUR HEAD COACH



Rebecca Francis

"I treat everyone as an individual going at their own speed."

Hey, I'm a certified coach who is determined to help children grow and develop their passion for badminton in Rugby. My only question is, will it be yours?

My Badminton journey started at age 11, by age 15 I was asked to coach other players until I departed for Bangor University where I captained the county team and played in our 1st ladies team.

Now, I have over 100+ hours experience in coaching badminton and have had the privilege of helping my students achieve their dream performance in sport. I have a friendly and calm approach to coaching and quickly build an understanding relationship with my students.

**WEBSITE AVAILABLE FROM 26/10/2019**  
**FRANCISBADMINTONACADEMY.CO.UK**